



Spire

Methley Park Hospital

# Methley Park Patient Update

## February 2020

Keeping patients up to date with news, events and trends shaping our hospital



### Getting you back to the things you love

#### Physiotherapy at Spire Methley Park Hospital

It doesn't matter if you play golf, squash, cricket, tennis, or any other sport – if you have an injury that stops you doing what you love you want to get back in action as soon as possible.

At Spire Methley Park we have a physiotherapy team determined to get you back to fitness as quickly as possible with the minimum of fuss.

Whether it is a problem with your knee, a twinge in your back or a pulled thigh muscle our physiotherapists will assess your injury and devise a rehabilitation programme that is tailor-made to suit you.

Approximately 90% of sports injuries can be treated without surgery but, just in case they think you may be one of the unlucky 10%, our physios have fast access to a range of scans such as MRI, Ultrasound, CT and X-rays.

They can also make a speedy referral to one of the hospital's orthopaedic consultants.

Our onsite gym has specialist facilities and equipment and our physiotherapists use the very latest techniques in rehabilitation techniques.

As well as treating the immediate problem the physios will also look for underlying causes of the injury with the view to taking action that will prevent the problem reoccurring in the future.

It doesn't matter at what level you play your sport or what age you are; we treat every patient as an individual. One course of physio may be right for a certain type of person but not for another. We make it our job to find the right treatment option for every patient.

To find out more about physiotherapy at Spire Methley Park Hospital call 01977 664 208

### Cervical Cancer Prevention Week

On Tuesday 21 January 2020 Spire Methley Park Hospital held a cervical cancer awareness stall to give staff and patients information about cervical cancer and also about cervical smear tests.

As well as providing useful information we also sold cupcakes. All of the proceeds went to Jo's Cervical Cancer Trust.



The staff and patients raised over £100 for the charity, thank you very much!

To find out more about cervical smear tests at Spire Methley Park Hospital, call 01977 664245



### Did you know we offer a private GP service?

At Spire GP we provide rapid access to an expert opinion when you need it. There are a range of appointment times available now at Spire Methley Park Hospital.

#### At Spire GP we offer

- advice and support for your healthcare needs
- appointment times to suit you
- easy access to Spire Healthcare's network of specialists
- modern, private healthcare settings
- private prescriptions and referrals for further investigation if needed
- more time to discuss your concerns with an experienced GP

To book an appointment with our Spire GP Dr Mark



Wilshire, please call our self-pay team on 01977 664245 or search 'spire GP' to book online.



Spire GP