

Desserts

Vanilla crème Brulée ✓

Yarde Farm ice cream selection including plant-based vanilla ✓

Food Heaven's non-dairy vanilla ice cream style is available.

Sorbet selection ✓

Sicilian lemon cheesecake

Chocolate brownie ^{GF} ✓

Served with Yarde Farm plant based vanilla ice cream or Food Haven non-dairy vanilla ice cream

Drinks

Fairtrade tea and coffee

A range of styles and infusions are available.

Selection of decaffeinated drinks available.

Selection of fruit juices

Squash

Orange or blackcurrant ✓.



All of our disposable catering cups, plates and utensils are made from plants, using renewable, lower carbon, recycled or reclaimed materials. It's compostable, which means it is designed to be commercially recycled with food waste.

Revised date: June 2024



Spire Healthcare

Visitors menu 2024



Visitors menu

How to order your meals

We will take your meal orders. Just sit back, relax, and let us take care of everything. If your visitors require a meal, please ask for the visitor menu.

Allergens and dietary requirements

Please advise your ward host of any requirements you may have so we can cater for your needs.


Wellbeing, lifestyle and dietary

- Nutritional information is available for all dishes shown on this menu
- Indicates a dish suitable for vegetarian patients to enjoy V
- Indicates menu choices suitable for vegan patients to enjoy VG
- Suitable for coeliac patients, dishes and products labelled GF contain less than 20mg/kg gluten GF

Breakfast

Selection of cereals

Your choice of Weetabix, Kellogg's Cornflakes, Frosties, Rice Krispies, Special K, Bran Flakes and Coco Pops and porridge.


Gluten free Corn Flakes and porridge options available 

Fruit and nut muesli

Bakery, fruit yoghurt and smoothies

Croissant, freshly baked, served with butter or Flora, and preserve


Toast, white or brown bread, served with butter or Flora and preserve


Gluten-free option available 

No added sugar preserves are available upon request.

Ubley natural yoghurt, low fat V


Little Town Dairy low fat, bio fruit yoghurt V

Naked Fruit smoothies V 

Alpro organic soya plant based drink 

Cooked

Your choice of **Free-range eggs, scrambled, poached, or boiled**

Gluten-free bread available 

Grilled English muffin with your choice of filling V

Your choice of Scottish smoked salmon, cream cheese, bacon, pork sausage, vegetarian sausage, Heinz baked beans, mushrooms, grilled tomatoes free-range scrambled or poached eggs.

Main courses

Please ask your host for today's specials.

Rigatoni pasta your way V

Your choice of

– **Plain and simple** with olive oil, black pepper, and hard Italian-style cheese. V


– **or spicy** arrabbiata sauce with cherry tomatoes, topped with rocket and Italian-style hard cheese.

Macaroni cheese V

Plain and simple.

Pumpkin and sage ravioli V

Tossed in spicy arrabbiata sauce with cherry tomatoes, topped with rocket with Italian-style hard cheese.

Cannellini and haricot bean tomato, red pepper and cherry tomato ragu with steamed wild rice  

Topped with rocket.

Chicken tikka masala 

with steamed wild rice and mango chutney.

Cajun spicy sweet potato roulade  V

Your choice of seasonal vegetables or house salad with Tyrrells gluten-free and vegan root vegetable crisps.

Roast chicken with roast skin on hasselback potatoes

with gluten-free gravy and steamed seasonal vegetables.

Battered cod loin with skin on chips and mushy peas

with bread and butter.

Pie of the day

with mashed potatoes and steamed seasonal vegetables.

Salads

House salad V 

Mixed baby leaves, cherry tomatoes, cucumber, red onion, peppers, grated carrots, black olives, and sweetcorn.

Your choice of British Red Tractor mature Cheddar cheese, crunchy coleslaw, grilled Mediterranean style vegetables, free range egg mayo, tuna mayo, prawn Marie rose, Coronation chicken, British salt and pepper chicken, Red Tractor ham.


Caesar salad

Baby gem, crispy bacon, croutons, Italian style hard cheese, Caesar dressing, served plain or with British salt and pepper chicken.

Gluten-free croutons are available. 

Lite Bites

Soup of the day: Gluten Free

Your choice of a roll, butter or Flora or crunchy croutons, gluten-free options available 

Baked jacket potato, your choice of fillings and side salad V

Your choice of British Red Tractor mature Cheddar cheese, Heinz baked beans, grilled Mediterranean-style vegetables, crunchy coleslaw, tuna mayo, prawn Marie Rose sauce, British salt and pepper chicken, Red Tractor ham, Coronation chicken, Cannellini bean ragu or today's daily filling.

Omelette, free range eggs with your choice of fillings and side salad V

Your choice of British Red Tractor mature Cheddar cheese, onion, mushroom, tomato, grilled Mediterranean-style vegetables, British salt and pepper chicken, and Red Tractor ham.

Sandwiches  

Your choice, ask for today's choice of sandwiches, wraps and paninis, served with salad and Tyrrells gluten-free and vegan root vegetable crisps.

Vegetarian, vegan, plant-based, and gluten-free options are available.