



Spire

Cardiff Hospital

# 2025 Consultant directory

Expert healthcare for your patients

*Looking after you.*

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# Contacts

## Hospital contacts

### Main hospital

Phone: 02920 735 515

### Outpatient department

Phone: 02920 736 011

### Self-pay patient enquiries and bookings

Phone: 02920 542 509

### Diagnostic imaging

Phone: 02920 542 581

Email: spirecardiffdiagnosticimaging@spirehealthcare.com

### Pathology enquiries

Phone: 02920 542 735

### Pharmacy

Phone: 02920 542 740

### Physiotherapy

Phone: 02920 731 112

### Wards

Ward 1: 02920 542 810

Ward 2: 02920 542 810

## Key contacts

### Hospital director

Fiona Conway

### Director of Clinical Services

Jennie Palmer

### Deputy Director of Clinical Services

Charlie Moore

### Physiotherapy Manager

Charlotte Linton-Perry

### Primary Healthcare Relationship Manager

Susan Richards



Spire is the most prestigious private health providers in the UK. Therefore, I feel privileged to work at Spire.

**Dr Rahul Guru**, Consultant Pain Management Specialist

## About Spire Cardiff Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results, in a safe and secure environment. For us it's more than just treating patients, it's about looking after people, and the safety of our patients and colleagues is our number one priority.

### It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

### Our consultants

Every consultant working at Spire Cardiff Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria. We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

### Our nursing staff

All our nurses are highly qualified and dedicated to caring for patients in a professional manner. For ultimate reassurance, we have a fully trained clinical team equipped to deal with medical emergencies 24 hours a day.

### All the facilities you'd expect and more

- Our 40 private rooms are set in pleasant surroundings and all have satellite television, free wifi access and personal nurse call system

In addition to our private rooms, we offer:

- 21 consulting rooms
- Two laminar flow operating theatres and one integrated laproscopic
- A JAG accredited endoscopy suite
- Three outpatient procedure rooms
- Multiple outpatient testing and treatment rooms
- On-site CSSD – decontamination and sterilisation department
- Stoma and breast care nurses
- Pharmacy
- CPA accredited pathology service
- HIW registered

### Emergency admissions

Call **02920 542 810** and ask for the nurse in charge. The hospital **does not** have an accident and emergency facility.

# How to refer your patients

At Spire Cardiff we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own vulnerable relative.

## Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package\* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **02920 542 509**.

- 1 Use Spire Connect to upload the referral letter. Call **07912 270 673** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 3 We'll update you on your patients' progress.

## Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **02920 736 011** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- 3 Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

## Referral letters

Referral letters can be:

- Submitted online at <https://spireconnect.spirehealthcare.com/>
- Emailed with encryption to [spirecardiffoutpatientbookings@spirehealthcare.com](mailto:spirecardiffoutpatientbookings@spirehealthcare.com)

## Self-pay team

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team on:

Phone: **02920 542 509**

Our fixed price packages\* offer the following benefits:

- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- CT, MRI and ultrasound scans
- Endoscopy procedures
- Hernia repair
- Knee, hip, or shoulder surgery
- Varicose vein treatment

Finance payment options are available for patients who wish to spread the cost of their treatment.

\*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

## Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

**The hospital does not have an accident and emergency facility.**



## GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers. It's our people that really set us apart.

Visit <https://spireconnect.spirehealthcare.com> or click on Spire Connect from the GP information and resources tab on our website.

### GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

### Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

### Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

### Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

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For more information on Spire Connect, contact Susan Richards on **079 1227 0673** or at [susan.richards2@spirehealthcare.com](mailto:susan.richards2@spirehealthcare.com)

# GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you.

[How to find out about our events](#)

Search '**Spire Cardiff GP Education**'

Call our Primary Healthcare Relationship Manager on **079 1227 0673**

Email us at [susan.richards2@spirehealthcare.com](mailto:susan.richards2@spirehealthcare.com)

# GP support

Spire Cardiff's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

## Primary Healthcare Relationship Managers

Our Primary Healthcare Relationship Managers are responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants and to make it as easy as possible for your patients to be seen and treated at Spire [Anytown](#) Hospital.

The team can be contacted on:

South West Hub Primary Healthcare

Relationship Manager: **Susan Richards**

Phone: **07912 270 673**

Email: [susan.richards2@spirehealthcare.com](mailto:susan.richards2@spirehealthcare.com)

## Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

### One-off private treatment at a fixed price\*

- Available for in-patient and day-case procedures, subject to patient pre-assessment
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment
- Treatment of complications\*

Patients can contact the team on:

Phone: **02920 542 509**

\*Spire Healthcare patient terms and conditions apply.

# Clinics and services

## Cardiology

Spire Cardiff Hospital has a dedicated cardiology service. We offer a range of tests, scans and procedures performed by consultant cardiologists, cardiac physiologists and cardiac nurses.

Our experienced staff will ensure your visit to us is as convenient and comfortable as possible. We will provide advice, guidance and support at every stage and will explain what tests we are going to do, how long they will take and what you can expect.

Non-invasive cardiology services include:

- Ambulatory heart rate monitoring (24hrs, 48hrs, 72hrs, 1wk, 2wk)
- Ambulatory blood pressure monitoring
- Exercise tolerance testing
- Implantable devices checks
- Cardiac MR imaging
- Cardiac CT imaging
- Echocardiogram
- Invasive cardiology services include:
  - Cardiac catheterisation
  - Electrophysiology
  - Implantable devices implants (internal loop recorders, pacemakers)

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Appointments: **02920 542 509** (self-pay)  
**02920 736 011** (outpatients)

## Endoscopy

The Endoscopy services at Spire Cardiff Hospital are JAG accredited, which is awarded to high quality gastrointestinal endoscopy service.

Endoscopy services include:

- Colonoscopy
- Gastroscopy

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Appointments: **02920 542 509** (self-pay)  
**02920 736 011** (outpatients)

## Imaging

At Spire Cardiff Hospital, we offer fast access to a range of diagnostic services. Our highly qualified and experienced staff are supported by the latest scanning and equipment to enhance and support diagnostics. We offer flexible appointments and fast reporting with our specialist Consultant Radiologists on hand to report as soon as possible.

Appointments will be confirmed directly with patients either by telephone or letter on receipt of a referral made by letter, fax or telephone. Patients will be advised during their appointment of the lead time for their report.

Radiology services include:

- Abdominal/pelvic imaging including prostate
- Arthrography
- Barium studies
- Breast scanning
- Cardiac CT
- Cardiac MRI
- CT scanning
- Cystography
- Digital mammography
- Fluoroscopy
- Gastrointestinal including MRI
- General radiography
- Hysterosalpingography
- Joint injections
- MR cholangiography
- MRI
- Musculo-skeletal ultrasound
- Neurological imaging
- Orthopantomography
- Sialography
- Sinography
- Spinal injections
- Ultrasound (general)
- Ultrasound guided biopsy
- Ultrasound with Doppler facility
- Urethrography



- Urinary flow rates
- Urodynamics
- Uterine fibroid embolisation
- Vascular studies

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Appointments: **02920 542 581**

Email: [spirecardiffdiagnosticimaging@spirehealthcare.com](mailto:spirecardiffdiagnosticimaging@spirehealthcare.com)

## Pathology

Spire Pathology Services offer a comprehensive repertoire of tests using laboratories across the Spire network and in partnership with specialist pathology providers.

Opening times

Monday to Friday **8am – 8pm**

Saturday **9am – 1pm routine, then on call**

Sunday **On call only**

Pathology services include:

- Biochemistry
- Blood transfusion
- Endocrinology
- Haematology
- Histopathology
- Immunology
- Microbiology
- Mycology
- Tumour assays

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Phone: **02920 542 510**



# Directory listings

## A

### Allergy

#### Dr Tariq El-Shanaway

Allergy (including anaphylaxis, rhinitis, conjunctivitis, hay fever, urticaria, angioedema, food allergy, desensitisation immunotherapy), immunodeficiencies, recurrent infections. Please note: I do not offer a penicillin/drug allergy service.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## B

### Breast care surgery

#### Ms Eleri Davies

Benign breast problems, breast care, breast surgery, breast cancer, breast lumps, breast pain and benign breast disease, one stop breast clinic.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Mr Sumit Goyal

Breast oncological breast, breast disease, one stop breast clinic.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Miss Valentina Lefemine

Oncological breast surgery, one stop breast clinic.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

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#### Ms Lucy Satherley

Benign breast problems, breast cancer, breast surgery, breast imaging, breast care, one stop breast clinic.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## C

### Cardiology

#### Prof Richard Anderson

Hypertension management, atrial fibrillation, coronary artery disease, cardiac catheterisation, coronary angioplasty and stenting, minimally invasive procedures for valvular and heart disease, Aortic stenosis management (TAVI) and mitral valve intervention (Mitraclip).

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Dr Mark Drury-Smith

Arrhythmia (Electrophysiology), Atrial fibrillation, Cardiology, Interventional cardiology.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Prof Indu Deglurkar

Aortic, mitral and tricuspid valve repair and replacement, coronary artery bypass surgery, aortic root, ascending and aortic arch replacement for aortic aneurysms, aortic root enlargement, excision of benign and malignant tumours of the heart, septal myectomy, closure of atrial and ventricular septal defects, left ventricular aneurysmectomy, aortic aneurysm surgery, high risk heart surgery in the elderly and heart surgery in patients with learning difficulties, pericardiectomies.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

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#### Dr Vasim Farooq

Cardiology, Coronary artery disease, Interventional cardiology  
Structural heart disease: TAVI valves (transaortic valve implantation): minimally invasive procedures for the treatment of aortic stenosis PFO (patent foramen ovale) closure: minimally invasive treatment for cryptogenic stroke.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Prof Nick Gerning OBE

Investigation and management of chest pain (one stop clinic), shortness of breath, palpitations, including atrial fibrillation risk factor management, erectile dysfunction, coronary and pudendal angiography and stents, hypertension, heart failure management.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

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#### Prof Peter Groves

Clinical assessment and treatment of ischaemic, structural, valvular and adult congenital heart disease, cardiac catheterisation, coronary angioplasty and stenting, minimally invasive procedures for valvular and structural heart disease.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Dr Ahmed Hailan

Investigation and management of coronary artery disease including: diagnostic coronary angiography (predominantly radial approach), percutaneous coronary intervention (simple, complex, rotablator assisted angioplasty), intracoronary imaging, (IVUS, OCT, FFR, iFR), invasive assessment of valve disease and LV function, investigation and management of hypertension and atrial fibrillation.

**NHS trust base:** Swansea Bay University Health Board

**Phone:** 029 2054 2509

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#### Prof Tim Kinnaird

Special interests include angina and chest pain management, heart attack treatment, coronary artery disease, coronary angiography and angioplasty, radial artery access, cardiovascular drugs, medico-legal opinions.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Fong Leong

AF ablation and ablation of all other types of heart arrhythmia, pacemaker and defibrillator implantation, treatment of palpitations, dizziness and blackouts, management and risk assessment of sudden cardiac death.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Navroz Masani

Investigation and management of heart valve disease, heart muscle disease (cardiomyopathy), heart failure, palpitations and atrial fibrillation, non-invasive investigation of chest pain and coronary disease, specialist interest in congenital heart disease including maternal cardiac disease., expert in echocardiography including transthoracic, transoesophageal and stress echo cardiography.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Rito Mitra

Investigation and management of t breathlessness, chest pain, angina, heart attacks, papitations, faints, blackouts and loss of consciousness; hearth rhythm disturbances (arrhythmias), atrial fibrillation, high blood pressure (hypertension), heart valve disease, heart failure. Cardiac diagnostic test interpretation (ECG; Echocardiography; exercise treadmill testing; heart rhythm monitors). Sub-speciality interests: Coronary angiography; coronary angioplasty (working with balloons and stents).

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Dr Peter O'Callaghan

Investigation and management of all heart rhythm disorders. Palpitations investigation, dizzy spells, blackouts, arrhythmia disorders management, wolff-parkinson-white syndrome, atrial fibrillation, ablation, tachycardias, device implantation.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Dewi Thomas

General cardiology, heart failure, cardiomyopathies, sports cardiology, pulmonary hypertension, inherited cardiac condtions, pacemakers, heart failure devices, biventricular pacemakers, cardiac defibrillators.

**NHS trust base:** Swansea Bay University Health Board

**Phone:** 029 2054 2509

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### Prof Zaheer Yousef

General cardiology, heart failure, cardiomyopathies, sports cardiology, pulmonary hypertension, inherited cardiac condtions, pacemakers, heart failure devices, biventricular pacemakers, cardiac defibrillators.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## Clinical genetics

### Prof Dhavendra Kumar

Clinical Genetics Consultations, Diagnostic genetic testing, genetic counselling, pre-conception counselling, prenatal and pre-implantation genetic diagnosis, predictive/pre-symptomatic genetic diagnosis, personal genome, profiling, genomic health assessment and counselling, personalised medicine, genomic identity for medico-legal and immigration purposes. Special interests- rare children's diseases, inherited heart diseases, bone diseases, neuro-developmental diseases, inherited cancers and pharmacogenetics.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## D

## Dermatology

### Prof Mabs Chowdhury

Inflammatory skin disease, skin cancer, skin allergy, contact dermatitis, occupational dermatology.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Manjunatha Kalavala

Inflammatory skin diseases, skin cancer, cutaneous surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Colin Long

Inflammatory skin disease, acne, eczema, psoriasis, skin cancer.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Krishna Sumanth Mukkanna

Dermatology, Dermatological surgery, Skin cancer.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Prof Girish Patel

Mole, cyst, wart and skin tag removal, acne, psoriasis, treatmentfor malignant skin cancer.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## E

### Ears, nose and throat

#### Professor Ali Al-Hussaini

Laryngoscopy investigation, grommets insertion, sinus surgery, hearing loss, earwax removal, tinnitus, dizziness, swallowing difficulties, tonsillectomy for adults, nose reshaping, septoplasty surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Sandeep Berry

General ENT, head and neck surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Mouli Doddi

Neck lumps, voice and swallowing problems, snoring, head and neck cancer, skin cancer, thyroid and salivary gland lumps, endoscopic sinus surgery, rhinoplasty, pinnaplasty, tonsillectomy, grommets, septoplasty, turbinate reduction.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Stuart Quine

Rhinology, head and neck oncology, sinonasal malignancy, laser surgery, functional endoscopic sinus surgery, vocal rehabilitation, general dizziness.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Vijay Singh

General, dysphagia, rhinology.

**NHS trust base:** Cwm Taf Morgannwg Health Board

**Phone:** 029 2054 2509

#### Mr Benjamin Stew

Ear, nose and throat surgery, all aspects of rhinology, endoscopic sinus surgery (including balloon sinuplasty), endoscopic septal surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Alun Tomkinson

Voice disorders, sinus surgery, rhinology, otolaryngology, otology, head and neck pathology, head and neck surgery, laryngology.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Huw Williams

Nasal surgery, open rhinoplasty for airflow, complex nasal airway surgery including alar collapse and severe septal deformity, sinus surgery, surgery for promnet ears under local and general anaesthesia, voice disorders.

**NHS trust base:** Cwm Taf Morgannwg Health Board

**Phone:** 029 2054 2509

#### Mr Andrew Hall

Balance disorders, ENT hearing loss, sinus surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Endocrinology

#### Dr Hemanth Bolusani

Diabetes, thyroid, pituitary and adrenal disorders, calcium and parathyroid disorders, cholesterol and lipid disorders, erectile dysfunction, blood pressure and other general medical conditions including sweating/hyperhidrosis.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Prof Dev Datta

Metabolic medicine: lipid disorders, cardiovascular risk, hypertension, electrolyte disorders and other abnormal biochemistry, integrated non-surgical weight management service.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Lindsay George

All aspects of diabetes care, specialising in type 2 management and complications. Thyroid, adrenal, pituitary, disease as well as testosterone assessment and replacement (does not cover reproductive endocrinology or female HRT). General medicine.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Aled Roberts

Specialising in type 1 and type 2 diabetes, general endocrinology, cardiovascular risk management, lipid management, erectile dysfunction, general medicine.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr David Scott-Coombes

Thyroid and parathyroid surgery, gall bladder surgery, lumps and bumps, hernias.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Michael Stechman

Thyroid and parathyroid surgery, keyhole gallbladder and hernia surgery, incisional hernia, lumps and bumps, local anaesthetic hernia surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

## G

### Gastroenterology

#### Dr Sunil Dolwani

Gastroenterology, edoscopy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Vivek Goel

Gastroenterology, general medicine.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

#### Dr Brijesh Srivastava

Hepatology, liver disease, viral hepatitis, upper GI endoscopy, sigmoidoscopy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Manny Srivastava

Diagnostic and therapeutic gastroscopy, colonoscopy and flexible sigmoidoscopy, inflammatory bowel disease, irritable bowel syndrome, bowel cancer/polyps, coeliac disease, Barrett's oesophagus, oesophageal cancer.

**NHS trust base:** University Hospitals of Morecambe Bay NHS Foundation Trust

**Phone:** 029 2054 2509

#### Dr Gareth Thomas

Gastroenterology, oesophageal diseases, inflammatory bowel disease, liver diseases, functional gastrointestinal disorders, endoscopy, gastroscopy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Rhys Hewett

Investigation, diagnosis and management of general gastrointestinal conditions, functional bowel disorders and gastrointestinal dysmotility Diagnostic and therapeutic Gastroscopy Diagnostic and therapeutic flexible sigmoidoscopy and colonoscopy.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

### General medicine – genito-urinary

#### Dr Adel Ne'Ma Abdullah

Discharge, lumps, ulcerations, genital dermatosis, other sexual health issues and related abdominal pain (dyspareunia), HIV infection, Hyfrecation (electrocautery) of genital warts when required.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

### General medicine – nephrology

#### Dr Naushad Ali Junglee

General nephrology, hypertension, acute kidney injury, acute medicine, chronic kidney disease, dialysis management, medical management of renal transplantation, exercise – induced renal disorders.

**NHS trust base:** Cardiff and Vale University Health Board, Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

### General medicine – Stroke Physician

#### Dr Shakeel Ahmad

Stroke medicine and care of the elderly medicine.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### General surgery – colorectal

#### Mr James Ansell

Diagnostic colonoscopy and polypectomy, proctology; perianal abscess, fistula in ano, anal fissure, skin tags and haemorrhoids, colon and rectal cancer, inflammatory bowel disease, general surgery; hernias, skin lesions.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mrs Julie Cornish

Diagnostic colonoscopy and polypectomy, proctology; perianal abscess, fistula in ano, anal fissure, skin tags and haemorrhoids, colon and rectal cancer, inflammatory bowel disease, general surgery; skin lesions. Investigation and management of bowel and abdominal symptoms, laparoscopic (keyhole) surgery and colonoscopy/sigmoidoscopy pelvic floor symptoms, prolapse of rectum, incontinence, constipation rectal bleeding (investigations to exclude bowel cancer and inflammatory bowel disease). Treatment of piles, anal pain, fissures, skin tags, minor general surgery conditions, skin lumps/bumps.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Lieutenant Colonel Leigh Davies

Colorectal surgery, colorectal cancer and bowel polyps, laparoscopic/minimally invasive surgery, hernias, proctology, haemorrhoids/piles, colonoscopy, inflammatory bowel disease, pilonidal sinus.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509



Spire

Cardiff Hospital

# World-class experts in diagnostics



At Spire Cardiff Hospital you can see leading diagnostic experts in as little as **48 hours** – so you can get better, faster.

Our experienced and highly qualified staff produce quick, accurate results in the comfort of a private hospital.

## Fast, flexible access to diagnosis and treatment

You can access our services when you need them, with appointment times available Monday to Friday to suit you.\*

## Advanced technology

We use the latest, most advanced technology and equipment to help you take the first step towards reclaiming your health.

## Comprehensive range of diagnostic services

- CT scanning
- Mammography
- MRI scanning
- Osteoporosis (DEXA) scanning service
- Ultrasound
- X-ray services

**Book to see an expert today**

Search 'Spire Cardiff Hospital'

Call 02920 542 509

\*Timings given are indicative, actual timings may vary based on consultant and tests required.  
\*A referral from your GP or Consultant is required prior to arranging an appointment

*Looking after you.*

### Mr Michael Davies

Investigation and management of bowel symptoms (bleeding, diarrhoea, constipation), abdominal pain and anal symptoms (anal pain, swellings/haemorrhoids/piles, itching, bleeding, discharge). Colonoscopy (diagnostic and polypectomy) and sigmoidoscopy. Laparoscopic bowel surgery. Management of bowel cancer, polyps, crohns disease, ulcerative colitis, diverticular disease. Management of haemorrhoids, anal fissure, anal fisture, anal fistula, pilonidal sinus, anal skin tags. Day case hernia surgery including inguinal, paraumbilical, incisional and spigelian hernias. Minor procedures including, assessment and removal of skin lumps (secaceous cysts, lipomas etc), ingrowing toenails.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr James Horwood

Colorectal surgery, colonoscopy, colorectal cancer, proctology, inflammatory bowel disease, laparoscopic surgery, hernia repair, haemorrhoids, bowel polyps.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Simon Phillips

Bowel and abdominal symptoms, including pain, change in bowel habit, abdominal distension. Rectal bleeding, investigations to exclude bowel cancer and inflammatory diseases of the bowel. Treatment of piles, anal pain/discomfort and itching, fissure, infection/abscesses/anal fistula. Abdominal and groin hernia. Laparoscopic/key hole surgery for hernia pelvic floor symptoms, prolapse of rectum, difficulty passing stools. Pelvic floor surgery, minor general surgery conditions, skin lumps/bumps, pilonidal sinus.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Prof Jared Torkington

Colon and rectal cancer, colonoscopy, polyp removal and bowel screening, keyhole/laparoscopic surgery, Crohns disease and ulcerative colitis surgery, incisional and inguinal hernia surgery (open and keyhole), piles, pilonidal sinus and fistulae.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

## General surgery – liver and biliary

### Mr Elijah Ablorsu

General surgery, hernias, gallstones, gallbladder disease, laparoscopic surgery, sportsmans groin surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Nagappan Kumar

Liver surgery, liver disease, liver tumours, gallbladder and bile duct surgery, pancreatic disease, jaundice.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr David O'Reilly

General surgery, cholecystectomy and advanced biliary surgery, liver surgery including laparoscopic liver resection, abdominal hernias.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

## General surgery – upper GI

### Prof Bilal Al-Sarireh

General surgery (gallbladder, laparoscopic cholecystectomy), hernia repair (both keyhole and open repair) and anti-reflux surgery). Endoscopic and laparoscopic management of all aspects of general surgical problems including keyhole surgery for all types of abdominal wall hernia, gallbladder surgery and anti-reflux surgery.

**NHS trust base:** Swansea Bay University Health Board

**Phone:** 029 2054 2509

### Mr Guy Blackshaw

Upper GI acid reflux, gallstones, hernias, barrett's, oesophagus, oesophagus and stomach cancer.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Antonio Foliaki

Laparoscopic, upper GI, gallbladder, anti-reflux surgery, achalasia, bariatric (weight loss) surgery, laparoscopic hernia, upper GI endoscopy, barrett's, oesophagus, oesophagus and stomach cancer.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Christopher Wong

Laparoscopic Gallbladder removal, Gallstones, Thyroid & parathyroid surgery, open and laparoscopic Hernia surgery, Laparoscopic splenectomy, Gastrointestinal surgery, Laparoscopic anti-reflux surgery, Gastroscopy, colonoscopy.

**NHS trust base:**

**Phone:** 029 2054 2509

## Gynaecology

### Prof Nazar Amso

Endoscopic surgery and minimally invasive treatments – menstrual disorders and their management. Diagnostic and operative hysteroscopy including resection of polyps and fibroids, diagnostic and operative laparoscopy including division of adhesions, salpingectomy, oophorectomy and laparoscopic reversal of sterilisation and uterine artery embolization. Gynaecological ultrasound – integrated ultrasound with the consultation, where appropriate, assessment of pelvic masses, postmenopausal ovaries and uterine bleeding.

**NHS trust base:** Private Practice Only

**Phone:** 029 2054 2509

### Miss Helen Bayliss

Diagnosis and management of perimenopause and menopause, individualised HRT management to include implants, coils and testosterone implants, contraception advice.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

### Mr Preetkiron Bhal

Urogynaecology, minimal access surgery, subfertility, menstrual abnormalities.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mrs Liz Bruen

Endometriosis and pelvic pain clinical nurse specialist.  
Laparoscopy investigation and treatment.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Ken Emmanuel

Cancer exclusion ,Polyp, Contraception (including coil insertion/ removal), Heavy/Irregular/or post menstrual bleeding, Fibroids, Ovarian Cysts, miscarriage and fertility, Vulval and vaginal problems (eg skin lesions, irritation, discomfort, swellings, discharge., Pelvic pain/endometriosis/adenomyosis/pain following abdominal surgery, Sexual health screening, Vaginal prolapse, Hormonal problems/ HRT/PMDD and general well being., All general gynaecology surgery performed – Hysterectomy, hysteroscopy laparoscopy.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Anthony Griffiths

Endometriosis, infertility, advanced minimal access surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Dr Michelle Olver

Perimenopause and menopause management, provision of contraception including insertion and removal of coils and implants, treatment of premenstrual syndrome, Sexual health testing.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

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### Mr Jonathan Pembridge

Management of abnormal, painful, heavy, irregular and postmenopausal bleeding. Management and investigation of pelvic pain and endometriosis, ovarious cysts and vulval conditions. Investigation of recurrent miscarriage and initial investigations to subfertility. Management of pelvic organ prolapse, hysteroscopic and laparoscopic surgery.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Richard Penketh

Initial assessment of all gynaecological problems particularly abnormal uterine bleeding , pelvic pain, painful intercourse, endometriosis and premenstrual syndrome. Minimal access (keyhole) surgery, laparoscopic excision surgery of severe endometriosis particularly affecting the ureter, bladder and recto-vaginal septum, and set up the Cardiff spire BSGE endometriosis Centre in 2021. I work closely with a bowel surgeon Mr Slmon Phillips and my urology colleagues. I undertake hysterectomy vaginally and with laparoscopic assistance including for fibroids. I have a lot of experience of hysteroscopic surgery including uterine adhesions, uterine septae Caesarean scar niche and I undertake. destruction of the lining of the womb without general anaesthetic.

**NHS trust base:** Private Practice Only

**Phone:** 029 2054 2509

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### Mr Jonathan Rogers

Endometriosis, menopause, menstrual disorders, post menopausal bleeding, major and minor operating ambulatory gynaecology.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Ms Aarti Sharma

Gynaecological oncology, colposcopy, vuval disease, minimally invasive surgery, pelvic masses.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mrs Anju Sinha

General gynaecology, menstrual disorders, utero-vaginal prolapse surgery, minimal access surgery, early pregnancy problems, pelvic masses, ultrasound imaging.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Steven Vine

General gynaecology, IVF, ultrasound, menopause, menorrhagia, vaginal prolapse surgery, advanced laparoscopic surgery, endometrial ablation, urogynaecology.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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## H

### Hand and wrist

#### Mr Dean Boyce

All aspects of hand surgery, peripheral nerve surgery, rheumatoid hand.

**NHS trust base:** Swansea Bay University Health Board, Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Mr Hywel Dafydd

All hand and wrist conditions including carpal tunnel syndrome, trigger finger, Dupuytren's disease, ganglions and tendon injury, specialist peripheral nerve treatments including cubital tunnel syndrome and nerve damage, reconstructive plastic surgery and scar revision.

**NHS trust base:** Swansea Bay University Health Board

**Phone:** 029 2054 2509

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### Hepatology

#### Dr Gareth Thomas

Gastroenterology, oesophageal diseases, inflammatory bowel disease, liver diseases, functional gastrointestinal disorders, endoscopy, gastroscopy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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#### Dr Brijesh Srivastava

Hepatology, liver disease, viral hepatitis, upper GI endoscopy, sigmoidoscopy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## N

### Neurology

#### Dr Clinton Mitchell

Headache, epilepsy, acute neurology. Botox for chronic migraine, CGRP treatment for migraine, greater occipital and supraorbital nerve blocks, Parkinson's disease.

**NHS trust base:** Wye Valley Trust

**Phone:** 029 2054 2509

#### Dr Trevor Pickersgill

General neurology including headache, migraine, cluster headache, seizures, epilepsy, loss of consciousness, twitches and tingling, numbness, MS and related disorders, stroke, neuropathy, spinal disease, weakness, spasms, Parkinson's disease, ataxia, walking and balance problems, vertigo and dizziness. Procedures: greater occipital and supraorbital nerve blocks, lumbar puncture. Dr Pickersgill does not see patients under 16 nor those with chronic fatigue, ME or all-over body pain.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Prof Neil Robertson

General, multiple sclerosis, neuroinflammatory disease, myasthenia, ataxia.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Neurophysiology

#### Dr Benny Thomas

All aspects of clinic neurophysiology including nerve conduction study, electromyogram (EMG). Diagnostic test for carpal tunnel syndrome, ulnar neuropathy, foot drop. Neurophysiological assessment of numbness and tingling in feet and hands. EMG study for muscle weakness.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Neurosurgery

#### Mr George Eralil

Brain surgery: NeuroOncology and surgery for brain tumours; surgery, botulinum toxin and other treatments for facial pain syndromes – trigeminal, glossopharyngeal and geniculate neuralgias; hemifacial spasm; hydrocephalus; general neurosurgery. Spine and spinal cord surgery: spinal degenerative disease – neck and back pain; surgery for cervical radiculopathy, myelopathy and Chiari malformations; surgery for lumbar stenosis and sciatica; nerve root blocks for sciatic pain not needing surgery; surgery for spinal cord tumours. Medicolegal consultations: upon instruction by solicitors or other agency.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Ravindra Nannapneni

Neurosurgery: cervical and lumbar spine surgery including spinal cord tumours, syringomyelia, & microdiscectomy. Artificial disc replacement. CSF / hydrocephalus/ Chiari malformation. Minimal access /endoscopic surgery. Neuro-oncology /brain tumours. Head injury and its sequelae.

Spinal surgery: microscopic cervical and lumbar spine surgery including microdiscectomy, artificial disc replacement and spinal cord tumours, degenerative spinal disease, cervical and lumbar spinal fusions, Sports injury.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Chirag Patel

Neuromodulation for chronic neuropathic pain, spinal pain, complex regional pain syndromes, facial pain and headaches. Adult and paediatric general neurosurgical pathologies.

Microscopic cervical and lumbar disc surgery, hydrocephalus, brain and spinal tumours.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

## O

### Ophthalmology

#### Mr Sanjiv Banerjee

Cataract surgery, diabetic eye disease, ocular inflammation, macular degeneration, YAG laser, medical retina.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Tom Betts

Consultant Ophthalmologist and oculoplastic surgeon. Cataract removal surgery, eyelid cyst surgery, eyelid surgery, eye bag removal (blepharoplasty), treatment for malignant skin cancer.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** Phone: 029 2054 2509

#### Mr Amit Gaur

Cataract surgery, medical retinal disorders, age related macular degeneration, diabetic retinopathy, general ophthalmology, YAG laser, intravitreal injections.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Christopher Gorman

Cataract surgery, vitreoretinal disorders, macular disorders, diabetic eye disease, macular hole, epiretinal membrane, retinal detachment ocular trauma, macular degeneration, YAG laser, general ophthalmology.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mrs Anjana Haridas

Cataract surgery, YAG laser surgery, special interest in eyelid surgery including droopy eyelids (Ptosis), ectropion/entropion, brow surgery, eyelid lesions including cancer, blepharoplasty. Lacrimal surgery for watery eyes, orbital surgery, thyroid eye disease.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Hugh Jewsbury

Speciality: neuro-ophthalmology, strabismus (squints), and general ophthalmology. Specialist treatments: cataract surgery, strabismus (squint) surgery, YAG laser, botulinum toxin (botox), eye lid cyst, skin tags and lump removal.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Roger McPherson

Cataract surgery, vitreoretinal disorders, diabetic eye disease, ocular trauma, macular hole, epiretinal membrane, retinal detachment, macular degeneration, refractive lens exchange, YAG laser

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Daniel Morris

Cataract surgery, eyelid surgery including ectropion, entropion, ptosis, any eyelid lesions and blepharoplasty, lacrimal surgery for watery eyes, orbital surgery, dry eyes, blepharospasm and botulinum toxin.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Ms Magdalena Popiela

Cataract surgery, diseases of cornea, dry eye management, pterygium excision.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Kadaba Rajkumar

Cataract surgery, glaucoma early diagnosis, glaucoma selective laser trabeculoplasty, glaucoma surgery, upper lid blepharoplasty, minor lid surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Aji Raghu Ram

Small incision cataract surgery, medical retina, diabetes, general ophthalmology, macular degeneration.

**Phone:** 029 2054 2509

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### Mr Mario Saldanha

General ophthalmology – cornea, cataract, refractive. Speciality treatments – corneal grafts, pterygium excision, cataract surgery, premium IOL's, corneal cross-linking, refractive lens exchange.

**NHS trust base:** Swansea Bay University Health Board

**Phone:** 029 2054 2509

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### Mr Christopher Williams

General, cataract surgery, vitreoretinal disorders, macular degeneration and macular disorders, including macular holes, diabetic eye disease, YAG laser.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Ms Wai Sienne Ng

Glaucoma, cataracts, YAG laser capsulotomy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## Oral and maxillofacial

### Mr Satayjeet Bhatia

Complex craniofacial deformities, craniofacial trauma, excision of facial skin lesions, including face and neck cysts, management of head and neck vascular malformations, paediatric oral and maxillofacial surgery, management and surgery of TMJ problems, facial pain, surgical removal of impacted teeth including wisdom teeth.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Andrew Cronin

Facial deformity, orthognathic surgery, TMJ pathology, salivary gland disease, cutaneous skin lesions, dentoalveolar surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Michael J Fardy

Dentoalveolar surgery, salivary gland disease, facial pain including TMJ disorders – medical and surgical management; facial trauma. Oral Medicine including Lumps, bumps and oral mucosal problems, Facial skin problems.

**NHS trust base:** Private Practice Only

**Phone:** 029 2054 2509

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## Orthopaedic surgery – foot and ankle

### Mr Paul Hodgson

Foot and ankle surgery, sports injuries, bunion surgery, complex and revision foot and ankle reconstruction, ankle sprains, foot and ankle trauma, achilles tendon disorders, shockwave therapy, arthritis of the foot and ankle.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Anthony Perera

Minimally invasive bunion surgery, primary complex and revision foot and ankle reconstruction, ankle sprains, arthroscopy and sport injuries, shockwave treatment.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## Orthopaedic surgery – hip

### Mr Sanjeev Agarwal

Hip replacements, hip revision surgery, minimally invasive hip replacements, muscle preserving hip replacement with enhanced recovery. Assessment of non arthritis problems around the hip joint. Knee arthroscopy, minimally invasive treatment for arthritis of the knee, knee replacement, partial knee replacements, knee revision surgery, osteotomy and realignment for knee deformities, personalised knee replacements, computer guided knee replacements, robotic knee replacements.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Jonathan Davies

Hip replacement, knee replacement surgery, arthroscopy of the knee.

**NHS trust base:** Private Practice Only

**Phone:** 029 2054 2509

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### Mr Mukund Deglurkar

Hip replacements. Knee joint replacements, upper and lower limb trauma management.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Alun John

Hip replacement surgery and revision hip surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Andrew Langston

Primary and revision hip replacement surgery. Primary and revision knee replacement surgery.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Peter Lewis

Primary and revision hip replacement surgery. Primary, revision and arthroscopic knee surgery.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Marci Maheson

Adult hip surgery, Osteoarthritis.

**NHS trust base:** Private Practice Only

**Phone:** 029 2054 2509

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### Mr Tim Owen

Hip replacement. Knee Replacement, arthroscopy.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Gareth Roberts

Hip pain, hip replacement (direct anterior approach and posterior approach), hip preservation, hip arthroscopy, Peri Acetabular Osteotomy (PAO), adult hip dysplasia, femoral acetabular impingement, pubic symphysis, gluteal pain, SI joint dysfunction.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Stephen Sarasin

Total hip replacement, revision hip replacement. Total knee replacement, revision knee replacement, arthroscopic knee surgery.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Simon White

Hip replacement, rapid recovery hip surgery. Knee replacement, arthroscopy, cartilage surgery, partial replacement, personalised signature knee replacement, enhanced recovery knee replacement, knee injections.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## Orthopaedic surgery – knee

### Mr Sanjeev Agarwal

Hip replacements, hip revision surgery, minimally invasive hip replacements, muscle preserving hip replacement with enhanced recovery. Assessment of non arthritis problems around the hip joint. Knee arthroscopy, minimally invasive treatment for arthritis of the knee, knee replacement, partial knee replacements, knee revision surgery, osteotomy and realignment for knee deformities, personalised knee replacements, computer guided knee replacements, robotic knee replacements.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Marius Calciu

Knee replacement-partial and total knee replacement, arthroscopy (meniscus repair, meniscectomy) ACL reconstruction, osteotomy around the knee (HTO, DFO, TTT), meniscus root repair, de-rotational osteotomy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Mukund Deglurkar

Hip replacements. Knee joint replacements, upper and lower limb trauma management.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Mark Forster

Arthroscopy, ligament reconstruction, ACL, total and partial knee replacement, knee revision, osteotomy, patella problems.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Andy Jones

Knee replacement, Arthroscopic Knee (keyhole) procedures, Ligament reconstruction, ACL Surgery, Patellofemoral (kneecap) procedure.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Rahul S Kotwal

Total and partial knee replacements, ACL reconstruction, arthroscopic knee surgery including meniscus repair, meniscus root repair surgery, surgery for patello-femoral instability, joint preservation surgery including osteotomies around knee, nonoperative treatments for knee arthritis, hamstring/ quadriceps/ patella tendon repair.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Andrew Langston

Primary and revision hip replacement surgery. Primary and revision knee replacement surgery.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Peter Lewis

Primary and revision hip replacement surgery. Primary, revision and arthroscopic knee surgery.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Rhidian Morgan-Jones

Arthroscopy, revision ACL reconstruction, osteotomy, revision osteotomy, knee replacement, patello-femoral replacement, revision knee replacement, joint infection, osteomyelitis, deformity correction.

**NHS trust base:** Essex and Suffolk Elective Orthopaedic Centre, Colchester Hospital. ESNEFT

**Phone:** 029 2054 2509

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### Mr Tim Owen

Hip replacement. Knee Replacement, arthroscopy.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Angus Robertson

Arthroscopy, ligament reconstruction, cartilage regeneration, minimally invasive surgery, meniscal repair and replacement.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Stuart Roy

Arthroscopy, ligament reconstruction, unicompartmental, meniscal transplant, partial/total/revision knee replacement, bespoke knee replacement.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Stephen Sarasin

Total hip replacement, revision hip replacement. Total knee replacement, revision knee replacement, arthroscopic knee surgery.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

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### Mr Simon White

Hip replacement, rapid recovery hip surgery. Knee replacement, arthroscopy, cartilage surgery, partial replacement, personalised signature knee replacement, enhanced recovery knee replacement, knee injections.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## Orthopaedic surgery – hand and wrist

### Mr Andrew Logan

All hand and wrist conditions/injuries including carpal tunnel syndrome, Dupuytren's disease, ganglions, wrist pain and hand pain.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr David Shewring

Hand and wrist conditions/injuries, carpal tunnel syndrome, Dupuytren's disease, hand pain, ganglions.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## Orthopaedic surgery – shoulder and elbow

### Mr Richard O N Evans

Shoulder arthroscopy, impingement, decompression, rotator cuff repair, stabilisation, AC joint, frozen shoulder shoulder trauma.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Tim Matthews

Shoulder and Elbow chronic and acute conditions including fractures. Subacromial decompression, rotator cuff repair, AC joint surgery, frozen shoulder treatment, shoulder replacement including reverse shoulder replacement. Tennis & Golfers elbow treatment including PRP; elbow stiffness, elbow replacement.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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### Mr Hemang Mehta

Sports injury, shoulder arthroscopy, rotator cuff injury repair, shoulder dislocation, elbow arthroscopy, shoulder replacements, shoulder and elbow fracture, arthritis, knee arthroscopy.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

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### Mr Angus Robertson

Arthroscopic decompression, arthroscopic rotator cuff repair, arthroscopic stabilisation, shoulder trauma, frozen shoulder, impingement syndrome.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

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## Orthopaedic surgery – spinal

### Mr Sashin Ahuja

Back and neck, selective injections, radiofrequency racet denervation, minimally invasive surgery, interspinous devices, disc replacement, spinal trauma, tumour and deformity surgery.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Iqroop Chopra

Neurosurgery, cervical and lumbar spinal fusions, artificial cervical disc replacement, microscopic spinal surgery, degenerative spinal disease, spinal trauma, spinal tumours – intradural and extradural.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Stuart James

Degenerative spine disease, spinal decompressions cervical, thoracic and lumbar, minimal invasive surgery, disc replacement, spine fusions, facet joint denervation, injection techniques, trauma, tumour and deformity conditions.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Alwyn Jones

Minimally invasive surgery, disc replacements, trauma and tumour surgery, adult and paediatric deformity, facet coblation, injection techniques.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Mr Ash Khurana

Minimally invasive spine surgery, microdiscectomy, transforaminal lumbar interbody fusion (TLIF), posterior lumbar interbody fusion (PLIF), cervical fusion, anterior cervical discectomy and fusion (ACDF), cervical disc replacement, decompression/ laminectomy, disc degeneration disease (DDD), kyphoplasty, lower back pain, management of back pain, sciatica, spinal cervical, lumbar or thoracic decompression, spinal deformities, spinal stenosis, spondylolisthesis, thoracic spinal fusion, total disc replacement, radiofrequency ablation for spinal pain, coccyx pain, coccygectomy, sacro-iliac joint pain, vertebroplasty, occipito-cervical fusion, spinal trauma; Spinal injections: caudal epidural, facet joint injection, medial branch block, nerve root injections, foraminal epidural injection.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

### Mr Abraham Manoj Thomas

Spinal surgery, treating various conditions of the spine including degenerative conditions of the spine, spinal tumours and spinal trauma. Neck and back pain.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

## P

## Pain management

### Dr Sunil Dasari

Chronic low back and leg pain, knee pain, hip pain, shoulder pain, neck pain, CRPS, myofascial pain, cancer pain, neuropathic pain, pelvic pain, chronic post-surgical pain, pain interventions: facet medial branch blocks for low back pain and neck pain, sacroiliac joint injections, radiofrequency denervation for low back and neck pain, nerve block injections for knee, hip pain and shoulder pain, radiofrequency denervation for knee pain, trigger point injections for myofascial pain, nerve block injections for chronic post-surgical pain.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Dr Rahul Guru

Back pain, neuropathic pain, spinal injections (facet, nerve root and epidural), joint pain and injections, migraine treatment, occipital headaches, fibromyalgia (chronic widespread pain), whiplash injuries, pelvic pain, complex regional pain syndrome, diabetic neuropathy and medical management of pain.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Dr Shefali Kadambande

Spinal pain, neuropathic pain, neuralgias, complex regional pain syndrome, myofascial pain, post surgical pain.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

### Prof Neeraj Saxena

Back pain, neck pain, whiplash, shoulder pain, fibromyalgia, myofascial pain, nerve pain, post-surgical pain, complex regional pain syndrome, pelvic pain, testicular pain, migraine and headaches.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

## Podiatry

### Mr Andrew James

Podiatry and musculoskeletal specialist. Dynamic foot, gait analysis, orthotic therapy, ingrown toe nail surgery under local anaesthesia and sports injuries.

**NHS trust base:** Private Practice Only

**Phone:** 029 2054 2509

## R

### Respiratory

#### Dr Patrick Flood-Page

All areas of respiratory medicine including asthma, COPD, interstitial lung disease, cough and unexplained breathlessness.

**NHS trust base:** Cardiff and Vale University Health Board/Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

#### Dr Ian Ketchell

General respiratory/chest medicine including breathlessness, cough, asthma and allergy (airborne allergens), COPD/emphysema/bronchitis, bronchiectasis and infective lung disease, occupational and interstitial lung disease.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Ramsey Sabit

General respiratory and thoracic medicine including asthma, COPD, bronchiectasis, interstitial lung disease. Occupational lung disease, thromboembolic disease and unexplained breathlessness.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Jose Thomas

Chest/respiratory diseases including asthma, COPD, emphysema, bronchiectasis, interstitial lung diseases and other conditions; special interest in unexplained breathlessness, sleep apnoea/sleep disorders.

**NHS trust base:** Aneurin Bevan University Health Board

**Phone:** 029 2054 2509

### Rheumatology

#### Dr Jeremy Camilleri

All areas of respiratory medicine including asthma, COPD, interstitial lung disease, cough and unexplained breathlessness.

**NHS trust base:** Cardiff and Vale University Health Board/Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

#### Dr Sharon Jones

General rheumatology. Seronegative spondyloarthropathies, pain management.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Dr Anurag Negi

General rheumatology, rheumatoid arthritis, connective tissue disease, inflammatory arthritis and gout.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

## S

### Sports medicine

#### Mr Mark Ridgewell

Musculoskeletal problems and sports injuries, including stress fractures and overuse injuries, non-surgical management of osteoarthritis, knee, shoulder, elbow, ankle, groin, hip, foot, tendon injuries etc. Diagnostic MSK ultrasound and shockwave treatment provider. Wide variety of injections performed +/- ultrasound guidance. Back and disc injuries and sciatica. Sports specific injuries for tennis, swimming, netball, athletics, triathlon, cycling, hockey, football, rugby and cricket from elite level to novice. Special interest in the female athlete and RED-S (relative energy deficiency in sport).

**NHS trust base:** Swansea Bay University Health Board

**Phone:** 029 2054 2509

#### Dr Rhodri Martin

Management of patients with a wide variety of musculoskeletal conditions, including sporting and exercise injuries and a diverse number of exercised induced medical conditions. Rehabilitation and exercise guidance. Joint pain treatment. Ultrasound guided injections (steroid and hyaluronic acid injections) and shockwave therapy.

**NHS trust base:** Cwm Taf Morgannwg University Health Board

**Phone:** 029 2054 2509

## U

### Urology

#### Mr Shibendra Datta

General urology, stone surgery, urodynamics, female urology, kidney cyst, male lower urinary tract symptoms and reversal of vasectomy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Jonathan Featherstone

Bladder investigations (cystoscopy), bladder lesion removal, cancer tests, circumcision, kidney stones treatment, hydrocele surgery, epididymal cysts removal, prostate surgery, prostatectomy, testicular implants, vasectomy.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Hirishi Joshi

General urology, kidney stones, kidney cyst, prostate disorders and laser (HoLEP), urolift treatments, andrology and urooncology.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

#### Mr Krishna Narahari

Uro-oncology, prostate/bladder/kidney cancers NHS, kidney cyst.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509





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### Mr Oleg Tatarov

General, prostate conditions, scrotal swellings, foreskin problems, female, urodynamics, urinary infections, men's health problems, impotence, male factor infertility, microsurgical sperm retrieval, vasectomy and microsurgical vasectomy reversal.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

## Vascular

### Mr Mike H Lewis

Vascular, aortic aneurysm, carotid artery disease, peripherovascular disease, varicose veins, laparoscopic cholecystectomy, hernias, hiatus hernia repair, haemorrhoids.

**NHS trust base:** Private Practice Only

**Phone:** 029 2054 2509

### Mr Ian Williams

Vascular, aortic disease, carotid disease, venous disorders, peripheral vascular disease.

**NHS trust base:** Cardiff and Vale University Health Board

**Phone:** 029 2054 2509

# Are your patients with medical insurance using it?

Approximately 10% of UK population have a private medical insurance policy – but not everyone uses it\*. If everyone who was eligible got treated using their cover, just imagine the impact this would have on NHS waiting lists.

We always encourage patients to tell their GP if they have PMI. Why not ask them too?

\*Healthcare Cover UK Market Report (Fifteenth Edition), Laing Buisson



*Looking after you.*

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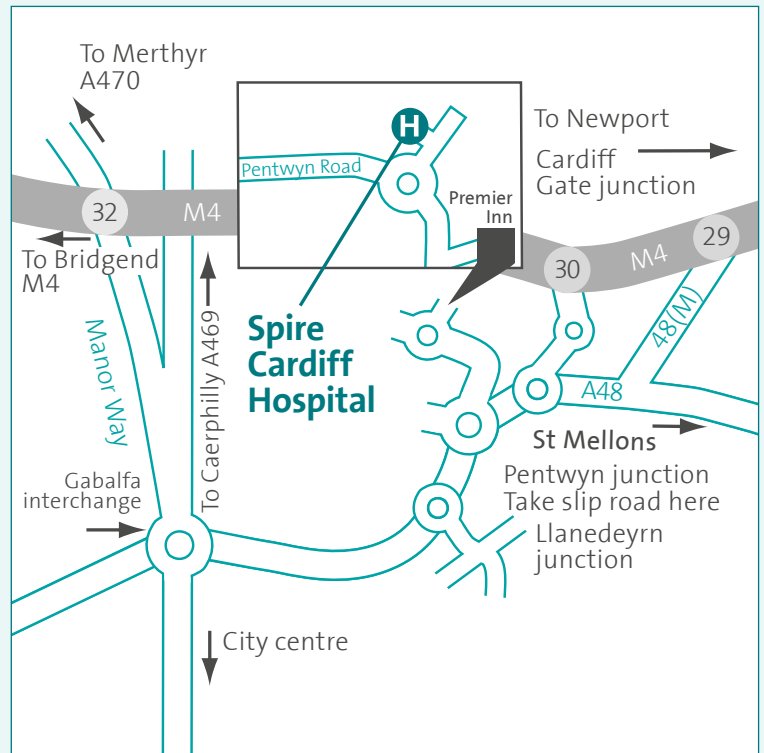
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