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Contacts

Hospital contacts

Main hospital

Phone: 01253 394 188

GP hotline

Phone: 01253 308 031

Outpatient department

Phone: 01253 394 188

Self-pay patient enquiries and bookings

Phone: 01253 308 031

Email: info@spirefyldecoast.com

Diagnostic imaging

Phone: 01253 308 084

Email: spirefyldecoastdiagnosticimaging@

spirehealthcare.com

GP open access NHS MRI referrals

Email: SpireFCHGPopenaccessMRI@nhs.net

Pharmacy

Phone: 01253 308 065

Physiotherapy

Phone: 01253 308 066

Email: fyldecoasthospphysio@spirehealthcare.com

Wards

Phone: 01253 308 061

NHS referrals

Phone: 01253 308 004

Email: fylde.outpatientbookings@nhs.net

Key contacts

Hospital Director

Phone: 01253 308 001

Director of Clinical Services

Phone: 01253 308 008

Primary Care Relationship Manager

Carmen Parkinson

Phone: 07522 228 475

Email: carmen.parkinson@spirehealthcare.com



There isn't a better place to look after my patients. The setup, the efficiency, the measures in place to keep them safe (the food) and the amazing people who make it all happen.

Mr Amit Shah – Orthopaedic Consultant at Spire Fylde Coast Hospital

About Spire Fylde Coast Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results, in a safe and secure environment. For us it's more than just treating patients, it's about looking after people, and the safety of our patients and colleagues is our number one priority.

It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

Our consultants

Every consultant working at Spire Fylde Coast Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria. We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

Our nursing staff

All our nurses are highly qualified and dedicated to caring for patients in a professional manner. For ultimate reassurance, we have a fully trained clinical team equipped to deal with medical emergencies 24 hours a day.

All the facilities you'd expect and more

 Our 27 en-suite bedrooms for overnight stays are set in pleasant surroundings and all have satellite television, free wifi access and personal nurse call system. We also have 11 day case bays

In addition to our private rooms, we offer:

- 10 consulting rooms
- Three operating theatres, including two laminar flow theatres
- Outpatient procedure room
- On-site CSSD
- Decontamination and sterilisation department
- On-site pharmacy which is open from 8.30am to 4.30pm
- Quality assurance
- CPA accredited pathology service
- CQC registered
- On site X-ray, MRI, CT and ultrasound imaging
- Physio and sports therapy department
- Dementia friendly hospital

Emergency admissions

Call **01253 308 061** and ask for the nurse in charge. The hospital **does not** have an accident and emergency facility.

How to refer your patients

At Spire Fylde Coast we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own vulnerable relative.

Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **01253 308 031.**

- 1 Use Spire Connect to upload the referral letter. Call **07522 228 475** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 3 We'll update you on your patients' progress.

Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **01253 308 031** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- **3** Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

NHS referrals

Spire Fylde Coast Hospital provides a range of elective surgical services on behalf of the NHS, including joint replacement and hernia surgery. Full details of the services provided can be found on, and referrals must be made via, the NHS eReferral system (https://www.ebs.ncrs.nhs.uk/).

Referral letters

Referral letters can be:

- Submitted online at https://spireconnect.spirehealthcare.com/
- Emailed with encryption to spire.fyldeppletters@nhs.net



Self pay advice

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team on:

Phone: **01253 308 031**

Email: info@spirefyldecoast.com

Our fixed price packages* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- Cosmetic surgery
- CT, MRI and ultrasound scans
- Endoscopy procedures
- Hernia repair
- Knee, hip, or shoulder surgery
- Varicose vein treatment

*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

The hospital does not have an accident and emergency facility.



GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers. It's our people that really set us apart.

Visit https://spireconnect.spirehealthcare.com or click on Spire Connect from the GP information and resources tab on our website.

GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

NHS referrals

You may refer patients to Spire Fylde Coast Hospital under the NHS choice regulations. To see what NHS services are provided and to make a referral, please use the NHS eReferral service.

Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

For more information on Spire Connect, contact Carmen Parkinson on **07522 228 475** or at **carmen.parkinson@spirehealthcare.com**

GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you.

How to find out about our events

Search 'Spire Fylde Coast GP Education'

Call our Primary Healthcare Relationship Manager Carmen Parkinson on **07522 228 475**

Email us at carmen.parkinson@spirehealthcare.com

GP support

Spire Fylde Coast's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

Primary Healthcare Relationship Managers

Our Primary Healthcare Relationship Managers are responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants and to make it as easy as possible for your patients to be seen and treated at Spire Fylde Coast Hospital.

Please contact Carmen Parkinson:

Phone: 07522 228 475

Email: carmen.parkinson@spirehealthcare.com

Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

One-off private treatment at a fixed price*

- Available for in-patient and day-case procedures, subject to patient pre-assessment
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment
- Treatment of complications*

Patients can contact the team on:

Phone: 01253 308 031

Email: info@spirefyldecoast.com

^{*}Spire Healthcare patient terms and conditions apply.

Clinics and services

Cardiology

Spire Fylde Coast Hospital offers fast access to a comprehensive cardiology service, so that patients with heart conditions can be diagnosed and treated quickly.

Non-invasive cardiology services include:

- Ambulatory heart rate monitoring (24hrs, 48hrs, 72hrs, 1wk, 2wk)
- Cardiac CT and MRI scanning
- Coronary angiogram
- Exercise tolerance testing
- Echocardiogram

Appointments: **01253 308 031**

Endoscopy

Spire Fylde Coast offers various private endoscopy procedures including:

- Colonoscopy
- Colposcopy— one stop clinic
- Gastroscopy

Appointments: 01253 308 031

Imaging

Spire Fylde Coast Hospital offers flexible appointments to suit you, high levels of comfort and safety, highly qualified and experienced staff, no waiting lists, quick results, specialist consultant radiologists and state-of-the-art equipment.

Appointments usually within 24 hours of a referral. Reports usually within 48 hours.

CT imaging services include:

- Cardiac
- General and Musculoskeletal
- Neurological imaging
- Vascular

MRI imaging services include:

- All MRI (including biliary and small bowel)
- Cardiac MR
- MPMRI (Multiparametric Prostate Imaging)
- Neurological imaging

Ultrasound imaging services include:

- General and Musculoskeletal
- Interventional including injections/aspirations and biopsies
- Vascular ultrasound (arterial and venous doppler)

Appointments: 01253 308 084

Physiotherapy

Here at Spire Fylde Coast Hospital we offer a world class physiotherapy service. The service includes onward referral to diagnostic facilities or consultants, rapid assessment for clear diagnosis and short waiting times.

With a wealth of experience our physio team offers:

- Acupuncture
- Arthritis and rheumatism
- Back pain
- Balance disorders
- Muscle ligament and tendon injuries
- Musculoskeletal injuries
- Massage
- Pilates
- Whiplash and personal injury
- Work related injuries

Appointments: **01253 308 066**



Directory listings



Cardiology

Dr Hesham Abdelaziz

Assessment of chest pain, breathlessness, palpitations, syncope, dizzy spell, blackout, reduced exercise tolerance and fatigue. Management of cardiac disorders including coronary artery disease, cardiac rhythm disorders, heart failure and cardiomyopathy, valvular heart disease, hypertension. Percutaneous coronary interventions.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Tue pm (private patients only)

Dr Aruna Arujuna

Assessment of general cardiac conditions including palpitations and SVTs, catheter ablations, cardiac monitors (loop recorders), management of atrial fibrillation and cardiac arrhythmias, simple and complex defibrillator and pacemaker surgery.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Thu pm (private patients only)

Dr Shajil Chalil

Management of patients with cardiac rhythm abnormalities, atrial fibrillation, management of patients with blackouts/syncope, pacemaker and defibrillator implantation.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Mon pm, alt Sat am (private patients only)

Professor Anoop Chauhan

Arrhythmia management, angiography/stenting, calcium scoring, cardiac coronary, CT scanning, echocardiography, heart failure, hypertension, ischaemic heart disease.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Wed pm (private patients only)

Dr Jonas Eichhofer

Cardiomyopathies, complex heart disease and treatment of chronically occluded coronary arteries, heart rhythm disorders, heart valve disorders and trans catheter valve placements, Interventional cardiology, Ischaemic heart disease and refractory angina.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Fri pm (private patients only)

Dr Gavin Galasko

Angina, arrhythmia management, coronary angioplasty/stenting, echocardiography, heart failure, hyperlipidaemia, hypertension, ischaemic heart disease, nuclear cardiology.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Mon am (private patients only)

Dr Scott Gall

Ablations, blackouts/syncope, electrophysiology (arrhythmia management), management of atrial fibrillation including laser balloon ablation, sports cardiology, simple and complex pacemakers and defibrillators.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Tue pm (private patients only)

Dr Grahame Goode

Arrhythmia treatment, biventricular pacing, complex pacing, coronary intervention, implantable cardiac defrillators, syncope.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Fri am (private patients only)

Dr Andrew Wiper

General cardiology, interventional cardiology. Areas of interest: Transradial coronary angiography and PCI, TAVI, PFO closure.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Thu am (private patients only)

Care for the elderly medicine

Dr Sabry Talab

Outpatient management of older people with chronic conditions such as hypertension, heart disease, heart failure and diabetes. Also happy to provide home visits and inpatient care on the ward.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)

Cosmetic and plastic surgery

Mr Nadir Ali

Breast surgery, body contouring, cosmetic surgery, hand surgery, non-surgical cosmetic treatments, reconstructive surgery, skin cancer surgery.

NHS trust base: Private patients only **Clinic times:** Tue pm (private patients only)

Mr Milind Dalal

Cosmetic facial surgery, cosmetic body contouring surgery, cosmetic and reconstructive breast surgery, non-surgical cosmetic treatment, skin cancer, tattoo removal.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust and Lancashire Teaching Hospitals Foundation Trust **Clinic times:** Alt Wed am, alt Thu pm, one Saturday a month (private patients only)



Dermatology

Dr Arif Aslam

Dermatological surgery and treatments, mole, cyst, wart and skin tag removal, scar revision, thread vein treatment, treatment for malignant skin cancer, Mohs micrographic surgery, anti-wrinkle treatment by injection.

NHS trust base: Private patients only

Clinic times: Mon am/pm, Fri am/pm (private patients only)



Endocrinology and diabetes

Dr Shahjehan Qazi

Endocrinology and diabetes care including management of erectile dysfunction, hypertension, obesity, osteoporosis, parathyroid and thyroid disease, pituitary disorders, vascular medicine, sexual dysfunction and subfertility.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Wed eve (private patients only)

Dr Naveed Younis

All aspects of endocrinology and diabetes care including management of thyroid disorders, pituitary disorders, polycystic ovary syndrome, infertility, hypogonadism, erectile dysfunction, diabetes complications, related cardiovascular risk (lipids and obesity) and hypertension, general medicine disorders.

NHS trust base: Manchester University NHS Foundation Trust

Clinic times: Alt Fri pm (private patients only)



Mr Syed Kazmi

General ENT — Dacryocystorhinostomy (DCR) surgery, endoscopic sinus surgery, glue ears, head and neck lumps benign/malignant, parotid/thyroid surgery, rhinoplasty/pinnaplasty, snoring and sleep disorders.

 $\textbf{NHS trust base:} \ \mathsf{Bolton} \ \mathsf{NHS} \ \mathsf{Foundation} \ \mathsf{Trust}$

Clinic times: Wed pm, Sat am/pm (NHS and private patients)

Mr Ajay Nigam

Cosmetic surgery of the nose and ears, head and neck cancer, rhinology thyroid surgery, sleep apnoea, snoring.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Fri pm (private patients only)

G

Gastroenterology

Dr Venkataswamy Mahesh

General gastro, hepatology and pancreaticobiliary diseases. Gastroscopy, colonoscopy and polypectomy. Special interest in endoscopic ultrasound, ERCP, irritable bowel syndrome and nutritional issues.

NHS trust base: East Lancashire NHS Trust **Clinic times:** Alt Mon pm (private patients only)

Dr Senthil Murugesan

General and luminal gastroenterology, inflammatory bowel disease, endoscopy including colonoscopy and ERCP, irritable bowel syndrome, liver and pancreatic diseases.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Thu am (private patients only)

General medicine

Dr Muhammad Paracha

All aspects of respiratory medicine including asthma/COPD, chronic cough, asbestosis, pulmonary fibrosis etc. Assesssment and treatment of all sleep related disorders including obstructive sleep apnoea, narcolepsy, restless leg syndrome, excessive daytime sleepiness and parasomnias. Member of the American Academy of Sleep Medicine and The British Sleep Society. Director of Sleep Service, Blackpool Victoria Hospital.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Tue eve (private patients only)

Dr Sabry Talab

Outpatient management of older people with chronic conditions such as hypertension, heart disease, heart failure and diabetes. Also happy to provide home visits and inpatient care on the ward.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)



World-class experts in diagnostics



Our experienced and highly qualified staff produce quick, accurate results in the comfort of a private hospital.

Book to see an expert today

Search 'Spire Fylde Coast Hospital' Call 01253 308 084



You can access our services when you need them, with appointment times available Monday to Friday to suit you.*

Advanced technology

We use the latest, most advanced technology and equipment to help you take the first step towards reclaiming your health.

Comprehensive range of diagnostic services

- CT scanning
- Dental OPG Unit
- Mammography
- Ultrasound
- MRI scanning
- X-ray services

*Timings given are indicative, actual timings may vary based on consultant and tests required.

*A referral from your GP or Consultant is required prior to arranging an appointment

Looking after you.

General surgery

Mr Colin Harris

Colonoscopy, haemorrhoids removal treatment, hernia surgery, gallbladder/gallstone removal (cholecystectomy), flexible sigmoidoscopy, GI surgery laparoscopic surgery, hepatobiliary surgery, endocrine surgery, inflammatory bowel disease, upper and lower endoscopy.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Alt Wed pm, alt Thu am, one Monday a month (NHS and private patients)

Mr Jonathan Heath

All aspects of colorectal surgery, bowel cancer, inflammatory bowel disease, difficult defaecation, faecal incontinence, prolapse, fistula-inano, fissure, haemorrhoids, all types of laparoscopic and open hernia surgery, laparoscopic cholecystectomy, abdominal pain, upper and lower GI endoscopy, excision of skin lesions, cysts, lipomas, lumps and pilonidal sinus.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Wed am (NHS and private patients)

Mr Mujahid Khurshid

Laparoscopic surgery eg Nissen fundoplication, upper $\mbox{\rm GI}$ and colorectal surgery.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Tue pm (NHS and private patients)

Mr Pasupathy Kiruparan (known as Kiri)

Breast cancer surgery, endocrine, laparoscopic and general surgery. **NHS trust base:** Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Wed eve (NHS and private patients)

Mr Mark Tomlinson

Specialist in new technology and minimally invasive techniques for the benefit of patients. Hernia and gallbladder surgery. Minor lumps, bumps, skin lesions, cysts and nail surgery: local anaesthetic. Excessive sweating (hyperhidrosis): medical treatments and surgical sympathectomy. Laparospic surgey: complex hernias, gallstones, adhesions, adrenalectomy.

NHS trust base: University Hospitals of Morecambe Bay NHS Foundation Trust

Clinic times: change to Fri am (private patients only))

Gynaecology

Mr Khalil Abdo

General gynaecology, menstrual disorders, urinary incontinence, pelvic floor repair, gynaecological endocrinology, reproductive, management of endometriosis and management of postmenopausal bleeding and subfertility.

NHS trust base: Private patients only **Clinic times:** change to Fri am/pm

Mr Johnson Amu

Benign gynaecological disorders and surgery, menstrual disorders, postmenopausal bleeding, endometriosis, infertility, minimal access surgery (laparoscopy, hysteroscopy).

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Alt Tue pm, Fri am (NHS and private patients)

Mr Ian Arthur

Urogynaecology, pelvic floor prolapse, minimal access surgery, endometriosis and menstrual problems, subfertility.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Mon pm (NHS and private patients)

Mr Eric Mutema

Bladder investigations (cystoscopy), bladder lesion removal, dilatation and curettage (D&C), endometrial ablation surgery, female sterilisation, hysterectomy surgery, hysteroscopy procedure, labial reduction surgery (vaginal reshaping), laparoscopy investigation and treatment, ovarian cyst removal, scar revision, stress urinary incontinence (SUI), urodynamics, vaginal repair operation.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Mon pm, Fri pm (private patients only)

Ms Randa Omer

General gynaecology, colposcopy, contraception, endometriosis, fibroids, gynaecological cancer, infertility, menopause problems, menstrual disorders, pelvic pain, prolapse.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Wed pm (private patients only)



Haematology

Dr Mac Macheta

Anaemias, coagulation disorders, lymphoma, myeloma, leukaemias and venous thrombosis.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)



Neurology

Professor Suresh Chhetri

Wide variety of neurological conditions including headache, epilepsy, Parkinson's disease, multiple sclerosis and nerve and muscle disease.

NHS trust base: Lancashire Teaching Hospitals NHS

Foundation Trust

Clinic times: Sat am (private patients only)

Neurosurgery

Mr Jabril Farah

Areas of interest include treatment of trigeminal neuralgia, surgery for epilepsy, surgery for movement disorders (DBS), spasticity, neuro-oncology (tumours in eloquent areas) and degenerative spinal conditions..

NHS trust base: Lancashire Teaching Hospitals NHS

Foundation Trust

Clinic times: TBC (private patients only)

Mr Kaushik Ghosh

Complex spinal conditions and Neuro-oncology, degenerative spinal deformities, intradural spinal tumours and transthoracic surgery.

NHS trust base: Lancashire Teaching Hospitals NHS

Foundation Trust

Clinic times: Mon pm (NHS and private patients)



Ophthalmology

Mr Ahmad Khalil

Cataract surgery, macular degeneration, retinal disease.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Alt Tue pm (private patients only)

Mr Simon Morgan

General ophthalmology, macular degeneration, non-refractive laser, retinal disease.

NHS trust base: University Hospitals of Morecambe Bay NHS

Foundation Trust

Clinic times: Fri pm (private patients only)

Mr Ges Naylor

Cataract surgery, general ophthalmology, strabismus.

 $\textbf{NHS trust base:} \ \textbf{Blackpool Teaching Hospitals NHS Foundation Trust}$

Clinic times: Tue am (private patients only)

Mr William Pollock

Cataract surgery (single focus and multifocal lens implants), vitreoretinal surgical opinions, general and medical ophthalmology.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Mon am (private patients only)

Mr Shreyas Raj

General ophthalmology, cataract and multifocal lens implant surgery. Eyelid and oculoplastic surgery, management of periocular tumours and reconstruction.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** (private patients only)

Mr Rajeev Tanawade

Cataract surgery (including complex/complicated surgery needing vitrectomy), diabetic eye disease needing vitreo-retinal surgery, epiretinal membrane, floaters, general ophthalmology, macular hole surgery, vitreo-retinal diseases including retinal detachment, vitreomacular traction (VMT), vitreous haemorrhage.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Mon eve (private patients only)

Orthopaedic surgery

Mr Anoop Anand

Speciality area: hips and knees and foot and ankle surgery including diabetic foot reconstruction. Hip and knee replacements, hip and knee injections, knee arthroscopy, foot and ankle surgery including ankle arthroscopy, forefoot procedures such as bunion correction, other forefoot, midfoot and hindfoot conditions and management of foot and ankle arthritis.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Thu pm (NHS and private patients)

Mr Brijesh Ayyaswamy

Speciality area; Foot and ankle reconstruction and cartilage repair surgery Ankle arthroscopy Achilles tendon surgery Primary hip and knee replacement Knee arthroscopy.

NHS trust base: Lancashire Teaching Hospitals NHS **Clinic times:** Alt Thur pm/eve (NHS and private patients)

Mr Paul Dunkow

Speciality area: hips and knees. Arthroscopy, knee replacement, anterior cruciate ligament reconstruction, sports injuries, hip replacement, hip and knee injections, revision knee surgery, medico-legal.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: Tue am, Fri am (private patients only)

Mr Anthony Helm

Specialty area: hips and knees. Hip and knee replacement, unicompartmental knee surgery, arthroscopic knee surgery, anterior cruciate ligament reconstruction, hip and knee injection for arthritis.

NHS trust base: Lancashire Teaching Hospitals NHS

Foundation Trust

Clinic times: Alt Thu pm, alt Fri am (NHS and private patients)

Mr Arshad Javed

Speciality area: hips and knees. Hip replacement surgery, knee replacement surgery including revision surgery, unicompartmental knee replacement, hip arthroscopy, knee arthroscopy and ligament reconstruction, sports knee injuries including meniscal sports knee injuries including meniscular suturing and meniscal preservation surgery, injection therapy for hip and knee conditions which do not require surgery.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Mon eve, Thu am, Fri am (NHS and private patients)

Mr Rahul Kakkar

Speciality area: hand/wrist and shoulder/elbow. Wrist and hand surgery: all disorders and surgery relating to hand and wrist including arthroscopy of wrist and open procedures of the wrist and hand such as carpal tunnel surgery, excision of ganglion, trigger finger, de Quervain's, Dupuytren's disease including Xiapex (collagenase) injections, rheumatoid hand and wrist surgery. Shoulder surgery: arthroscopic/open shoulder surgery, sports injuries, shoulder instability, ACJ problems. Elbow surgery: tennis elbow, golfer's elbow, cubital/ulna nerve release, ligament/tendon repair.

NHS trust base: University Hospitals of Morecambe Bay NHS Foundation Trust

Clinic times: Wed am, Thu pm, Fri am (NHS and private patients)

Mr Amit Kapoor

Speciality area: hand/wrist and shoulder/elbow. Arthroscopic shoulder surgery, shoulder arthroplasty, shoulder sports injuries, rotator cuff tears, shoulder instability, shoulder impingement, tennis elbow, cubital tunnel syndrome, Dupuytren's disease, carpal tunnel syndrome.

NHS trust base: The Pennine Acute Hospitals NHS Trust **Clinic times:** Tue am, Fri pm (NHS and private patients)

Mr Stephen Mannion

Speciality area: foot/ankle, hips and knees and hand/wrist. Foot and ankle surgery, toe deformities, bunion surgery, congenital talipes equino-varus (clubfoot), hip and knee replacement, knee and ankle arthroscopy, hand surgery, Dupuytren's contracture, including Xiapex injections and needle fasciotomy, sports injuries, ultrasound guided musculoskeletal injections, extracorporeal shockwave therapy (ESWT) treatment, orthopaedic trauma.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Wed am, Fri am/pm (NHS and private patients)

Mr Merzesh Magra

Speciality area: hip and knees. Hip replacement surgery, joint manipulation treatment, joint pain treatment (joint injections), arthroplasty surgery, knee arthroscopy surgery, knee replacement surgery.

NHS trust base: University Hospitals of Morecambe Bay NHS Foundation Trust

Clinic times:

Professor Kuntal Patel

Speciality area: hips and knees, foot and ankle. Hip and knee replacement, unicompartmental knee replacement, knee arthroscopy, ACL reconstruction, revision hip and knee surgery, forefoot surgery, medico-legal work.

NHS trust base: University Hospitals of Morecambe Bay NHS

Foundation Trust

Clinic times: Tue am (NHS and private patients)

Mr Amit Shah

Speciality area: hips and knees. All hip and knee treatments including injections, arthroscopies, joint replacements, reconstructions for ligament and other sports injuries, revision hip and knee surgery for failed primary procedures, keen interest in enhanced recovery and discharge following surgery.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** alt Mon am/pm, Tues am, alt Wed eve, alt Fri pm (NHS and private patients)

Mr Vinod Sharma

Speciality area: hips and knees. Hip and knee replacement through AMIS/DAA, unicompartental knee replacement, knee arthroscopy, revision hip surgery, forefoot surgery, medico-legal work.

NHS trust base: University Hospitals of Morecambe Bay NHS Foundation Trust

Clinic times: Fri pm (NHS and private patients)

Mr Vish Shetty

Speciality area: hand/wrist and shoulder/elbow. Upper limb surgery, shoulder and elbow arthroscopy and arthroplasty. Hand: Dupuytrens/trapziectomy/carpal tunnel/trigger finger.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Thu am/pm (NHS and private patients)



Expert care every step of the way



The specialists at Spire Fylde Coast Hospital are leading medical experts, who always put your safety first. When you make an appointment with us, you can be sure that you will receive expert care in a secure environment.

Services include:

- Arthroscopy
- Grommet insertion
- Hysterectomy
- Joint replacement
- Pain management
- Tonsillectomy
- Varicose vein treatments



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Looking after you.

Mr Gautum Talawadekar

Speciality area: shoulder/elbow, knee and hand/wrist. Shoulder: shoulder arthroscopy – subacromial decompressions, biceps tendon tenotomy tenodesis, AC joint debridement, latarjet procedure, instability repair, frozen shoulder release, shoulder replacements – hemiarthroplasty, anatomical and reverse shoulder replacements, shoulder/girdle trauma – clavicle fracture fixations for acute fractures and non-unions, proximal humeral fracture fixations, glenoid fracture fixations, CC ligament reconstruction, tight rope fixations for AC joint dislocation, open operations – stabilisations, cuff repair, proximal biceps tendon tenodesis. Elbow: arthroscopy – stiff elbow release, tennis elbow release, joint clearance for arthritis, arthroplasty - hemiarthroplasty, radial head replacement, complex elbow trauma, soft tissue procedures – ligament reconstruction, tennis elbow release, golfers elbow release, platelet rich plasma injections, nerve releases, distal biceps tendon rupture repair. Hand/wrist: trapeziectomy for arthritis at base of thumb, carpal tunnel release, trigger finger release, pyrocarbon replacements, arthroplasty – small joints of hand, wrist, wrist fusion andarthroscopy, Dupuytren's disease fasciectomy, trauma – wrist fractures, hand fractures, ligament injuries. Ultrasound guided injections (steroid, local anaesthetic and durolane) to shoulder/elbow and wrist and

NHS trust base: University Hospitals of Morecambe Bay NHS Foundation Trust

Clinic times: Fri am/pm (NHS and private patients)

Mr Fizan Younis

Speciality area: hand/wrist. Subspecialty interests are: Carpal tunnel syndrome, trigger finger, Dupuytrens contracture treatment, ganglion surgery, hand and wrist injuries, ulnar nerve entrapment, hand and wrist arthritis, wrist arthroscopy, finger joint replacement, hand and wrist fractures, Dequervains tenosynovitis.

NHS trust base: East Lancashire Teaching Hospitals NHS Foundation Trust

Clinic times: Thu am (NHS and private patients)

Mr Aamir Zubairy

Speciality area: knee and foot/ankle. Bunion removal and treatment, epidural injections, ganglion removal surgery, hip arthroscopy, ingrown toenail surgery, joint manipulation treatment, joint pain treatment (joint injections), knee arthroscopy surgery, knee ligament surgery, ESWT, PRP injection. Special interest in adult foot and ankle disorders, this includes ankle ligament and sports injuries, turf toe, bunion, stiff toe, heel pain among others.

NHS trust base: East Lancashire Teaching Hospitals NHS Foundation Trust

Clinic times: Alt Tue am, alt Thu am (private patients only)



Pain management

Dr Graham Johnson

Back pain, joint injections, neuropathic pain, post surgical pain.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Thu am (private patients only)



Radiology

Dr Subhasis Basu

Musculoskeletal imaging, cross-sectional imaging, ultrasound scanning including US guided injections.

NHS trust base: Wrightington, Wigan and Leigh NHS

Foundation Trust

Clinic times: By appointment only (private patients only)

Dr Pei Gee Chew

specialises in cardiology and cardiac MRI scan (heart MRI).

NHS trust base: Blackpool Teaching Hospitals NHS foundation trust **Clinic times:** By appointment only (private patients only)

Dr Linda Hacking

Women's imaging (gynaecology), nuclear medicine, general radiology, including CT and MRI.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)

Dr David Hodgson

Abdominal, musculoskeletal.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)

Dr Bangalore Thimmappa Sanjeev Kumar

Cardiothoracic and general radiologist.

NHS trust base: Northern Care Alliance NHS Foundation Trust **Clinic times:** By appointment only (private patients only)

Dr Chee Kheng Liew

General radiology, chest radiology, cardiac imaging (CT/MRI).

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)

Dr Voon Hoi Lo Ying Ping

Cross-sectional chest and musculoskeletal.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)

Dr Sachin Mathur

Head and neck, neuroradiology.

NHS trust base: Lancashire Teaching Hospitals NHS

Foundation Trust

Clinic times: By appointment only (private patients only)

Dr Wael Mati

Musculoskeletal imaging, cross-sectional imaging, ultrasound scanning including US guided injections.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** By appointment only (private patients only)

Dr Haren Varia

Abdominal imaging with special interest in hepatobiliary and small bowel imaging. Oncological imaging and nuclear medicine.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust

Clinic times: By appointment only (private patients only)

Dr Carol Wallace

General radiology, cross-sectional imaging (CT/MRI), uroradiology, abdominal and pelvic ultrasound including gynaecological/transvaginal scanning.

NHS trust base: University Hospitals of Morecambe Bay NHS Foundation Trust

Clinic times: By appointment only (private patients only)

Respiratory medicine

Dr Mohammed Paracha

All aspects of respiratory medicine including asthma/COPD, chronic cough, asbestosis, pulmonary fibrosis etc. Assessment and treatment of all sleep related disorders including obstructive sleep apnoea, narcolepsy, restless legs syndrome, excessive daytime sleepiness and parasomnias. Member of the American Acadamy of Sleep Medicine and The British Sleep Society. Director of Sleep Service, Blackpool Victoria Hospital.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Tue eve (private patients only)



Spinal surgery

Mr Alex Baker

Spinal surgery, spinal deformity surgery, slipped discs, trapped nerves, sciatica, back pain, neck pain, cervical disc replacement.

NHS trust base: Lancashire Teaching Hospitals NHS

Foundation Trust

Clinic times: Alt Tue pm (NHS and private patients)

Mr Kaushik Ghosh

Complex spinal conditions and Neuro-oncology, degenerative spinal deformities, intradural spinal tumours and transthoracic surgery.

NHS trust base: Lancashire Teaching Hospitals NHS Foundation Trust

Clinic times: Alt Mon pm (NHS and private patients)

Mr Manoj Khatri

Cervical spine disorders, lower back pain, microdiscectomy, spinal fractures, spinal tumour reconstruction, surgery for lumbar canal stenosis.

 $\textbf{NHS trust base:} \ \mathsf{Lancashire Teaching Hospitals NHS}$

Foundation Trust

Clinic times: Mon am/pm (NHS and private patients)

Ms Mukta Vadva

Spinal surgery.

NHS trust base: Lancashire Teaching Hospitals NHS

Foundation Trust

Clinic times: Alt Tue pm (NHS and private patients)



Urology

Mr Jawad Islam

All aspects of urology, particularly kidney stones and prostate, kidney, bladder cancers. Penile, scrotal surgery, including prostate and bladder problems and erectile dysfunction.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Mon pm (NHS and private patients)

Mr Ziauddin Khan

Bladder investigations (cystoscopy), bladder lesion removal, cancer tests, circumcision, incontinence, endometrial ablation surgery, kidney stones treatment, kidney X-ray (retrograde pyelogram), liver and kidney tests, urodynamics, vasectomy, vasectomy reversal.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Thu am (NHS and private patients)

Mr Mazhar Sheikh

Diagnosing and management of kidney stones (including lasertreatments and Lithotripsy), male urinary/prostate problems (BPH treatments including TURP), female urinary symptoms, bladder dysfunction assessment (including frequency, urgency, incontinence) and treatment, urological cancer (prostate cancer, bladder cancer, kidney cancer and testicular cancer), assessment and management of conditions causing blood in the urine (one stop haematuria clinic), urinary tract infections in both male and female patients, erectile/sexual dysfunction and male infertility, Inguino and peno-scrotal surgery (circumcision, vasectomy, epididymal cysts, hydrocele repair, etc).

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Alt Tue pm, alt Wed pm (NHS and private patients)



Vascular surgery

Mr Mark Tomlinson

Specialist in new technology and minimally invasive techniques. Management and treatment of varicose veins, sclerotherapy and treatment of spider veins. Treatment of venous disease and leg ulcerations. Hernia and gallbladder surgery. Minor lumps, bumps, skin lesions, cysts and nail surgery: local anaesthetic. Excessive sweating (hyperhidrosis): medical treatments and surgical sympathectomy. laparoscopic surgery: complex hernias, gall stones, adhesions, adrenalectomy.

NHS trust base: University Hospitals of Morecambe Bay NHS Foundation Trust

Clinic times: change to Fri am (private patients only)

Mr Iraj Zeynali

Management and treatment of varicose veins with minimally invasive technique (keyhole surgery), sclerotherapy and vein wave treatment of spider veins. Treatment of venous disease and leg ulceration, the management of major arterial diseases including aortic aneurysms and aortic occlusive disease, carotid artery disease, peripheral vascular disease and the prevention of strokes. Treatment of hyperhydrosis including botox injections.

NHS trust base: Blackpool Teaching Hospitals NHS Foundation Trust **Clinic times:** Change to Mon pm and Alt Fri pm



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Approximately 10% of UK population have a private medical insurance policy – but not everyone uses it*. If everyone who was eligible got treated using their cover, just imagine the impact this would have on NHS waiting lists.

We always encourage patients to tell their GP if they have PMI. Why not ask them too?



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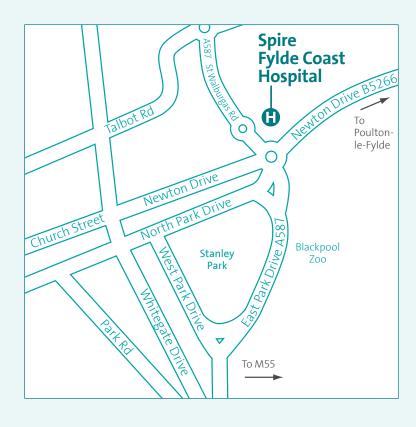
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